

Date: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Day of the Class: \_\_\_\_\_

Cost of the Class: \_\_\_\_\_

# INTRODUCTION TO HOCKEY



## 2017 Spring #2 Session (4 WEEKS)

**Fridays**

**May 12 - June 2, 2017**

**Saturdays**

**May 13 - June 3, 2017**

**Sundays**

**May 14 - June 4, 2017**

For More Information  
Call Chris Cimoch At 708.403.4231 x138



Arctic Ice Arena  
10700 West 160th Street  
Orland Park, IL 60467

# Description

Arctic Icemen "Introduction to Hockey"

This class will introduce the children to the "stick" skills of the game: stick handling, passing, and shooting, as well as refining the skills learned in Tot Hockey. The students advance through a series of levels until all have been mastered. Each student progresses at his/her own rate. Each Intro to Hockey class features 45 minutes of instruction, followed by a 15-minute mini-scrimmage.

## Equipment Requirements:

USA Hockey-approved helmet with face mask, hockey stick, protective hockey gloves, elbow pads, knee/shin guards, hockey skates, shoulder pads, hockey pants, athletic cup.



Each class meets 60 minutes per week and the sessions last 4 weeks, the cost of the class is \$75.

For More Information  
call Chris Cimoch at  
708.403.4231 X138

## Class Schedule

