



Tot Hockey Arctic Ice Arena



Date: _____

Parent's Name: _____

Address: _____

City, State, Zip: _____

Home Phone: _____

Cell Phone: _____

Child's Name: _____

Date of Birth: _____

Day of the Class: _____

Cost of the Class: _____

Payment: Cash \$ _____

Check # _____



2019-20 Winter Session

Wednesday
Nov. 27th - Feb. 19th

Saturday
Nov. 30th - Feb. 22nd

Sunday
Dec. 1st - Feb. 23rd

**NO CLASS FROM DEC. 11TH THRU JAN 5TH
JAN. 15TH, 18TH, 19TH**

For More Information
Call Chris Cimoch
708.403.4231 - Ext.138



Arctic Ice Arena
10700 West 160th Street
Orland Park, IL 60467



Class Schedule: TOT HOCKEY 8 WEEKS

WEDNESDAY

CLASS AVAILABLE AT:

5:30pm

Classes Run

Nov. 27th - Feb. 19th

NO CLASS

DEC. 11th, 18th, 25th

JAN. 1st, 15th

SATURDAY

CLASS AVAILABLE AT:

10:30am

Classes Run

Nov. 30th - Feb. 22nd

NO CLASS

DEC. 14th, 21st, 28th

JAN. 4th, 18th

SUNDAY

CLASS AVAILABLE AT:

10:30am

Classes Run

Dec. 1st - Feb. 23rd

NO CLASS

DEC. 15th, 22nd, 29th

JAN. 5th, 19th



Description

Arctic Icemen "Tot Hockey" Classes

Instruction starts at the very beginning helping to build the child's confidence and teaches the student the basic skating skills of: balance, one- and two-foot glides, forward swizzles, forward pushing, backwards wiggles and swizzles, two-foot turns, walking sideways and two-foot snow plow stops.

The students then continues on to forward strides, forward crossovers, one-foot snow plow stops, and backward c-cuts. The basics of puck control, passing, and receiving will also be introduced. Each class will be divided by the player's skill.

Equipment Requirements:

USA Hockey-approved helmet with face mask, hockey stick, protective hockey gloves, elbow pads, knee/shin guards, hockey skates, shoulder pads, hockey pants, athletic cup.

Each class meets 30 minutes per week.

The sessions last 8 weeks and the cost of the class is \$70

***For more information call
Chris Cimoch at 708.403.4231 x138***