Iot Hockey Arctic Ice Arer	na 🙀
Date:	- ARCTICI
Parent's Name:	
Address:	
City, State, Zip:	
Home Phone:	2019-20 Wit
Cell Phone:	
Child's Name:	
Date of Birth:	Sat Nov. 30th
Day of the Class:	Su Dec. 1st
Cost of the Class:	
Payment: Cash \$ Check #	For More Information Call Chris Cimoch



turday - Feb. 22nd

unday - Feb. 23rd

EC. 11TH THRU JAN 5TH I, 18TH, 19TH

708.403.4231 - Ext.138



Arctic Ice Arena 10700 West 160th Street Orland Park, IL 60467

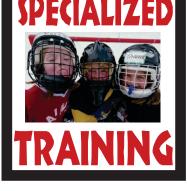


Class Schedule: TOT HOCKEY 8 WEEKS

WEDNESDAY CLASS AVAILABLE AT: 5:30pm Classes Run Nov. 27th - Feb. 19th NO CLASS DEC. 11th, 18th, 25th JAN. 1st, 15th

<u>*SATURDAY*</u> CLASS AVAILABLE AT: 10:30am Classes Run

Classes Run Nov. 30th - Feb. 22nd NO CLASS DEC. 14th, 21st, 28th JAN. 4th, 18th



SUNDAY

CLASS AVAILABLE AT: 10:30am Classes Run Dec. 1st - Feb. 23rd NO CLASS DEC. 15th, 22nd, 29th JAN. 5th, 19th

For more information call Chris Cimoch at 708.403.4231 x138

Description

Arctic Icemen "Tot Hockey" Classes Instruction starts at the very beginning helping to build the child's confidence and teaches the student the basic skating skills of: balance, one- and two-foot glides, forward swizzles, forward pushing, backwards wiggles and swizzles, two-foot turns, walking sideways and two-foot snow plow stops. The students then continues on to forward strides, forward crossovers, one-foot snow plow stops, and backward c-cuts. The basics of puck control, passing, and receiving will also be introduced. Each class will be divided by the player's skill.

Equipment Requirements: USA Hockey-approved helmet with face mask, hockey stick, protective hockey gloves, elbow pads, knee/shin guards, hockey skates, shoulder pads, hockey pants, athletic cup.

Each class meets 30 minutes per week. The sessions last 8 weeks and the cost of the class is \$70