



# Introduction To Hockey

## Arctic Ice Arena



Date: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Day of the Class: \_\_\_\_\_

Cost of the Class: \_\_\_\_\_

Payment: Cash \$ \_\_\_\_\_

Check # \_\_\_\_\_

# INTRODUCTION TO HOCKEY



## 2020 Fall Session (8 WEEKS)

**Fridays**

**Sept. 18th - Nov. 6th**

**Saturdays**

**Sept. 19th - Nov. 7th**

**Sundays**

**Sept. 20th - Nov. 8th**

**\*\*Sunday 9/27 @ 12:20PM-1:20PM\*\***

For More Information  
Call Chris Cimoch  
708.403.4231 - Ext.138



Arctic Ice Arena  
10700 West 160th Street  
Orland Park, IL 60467

# Description

## Arctic Icemen "Introduction to Hockey"

This class will introduce the children to the "stick" skills of the game: stick handling, passing, and shooting, as well as refining the skills learned in Tot Hockey. The students advance through a series of levels until all have been mastered. Each student progresses at his/her own rate. Each Intro to Hockey class features 45 minutes of instruction, followed by a 15-minute mini-scrimmage.

### Equipment Requirements:

USA Hockey-approved helmet with face mask, hockey stick, protective hockey gloves, elbow pads, knee/shin guards, hockey skates, shoulder pads, hockey pants, athletic cup.



Each class meets 60 minutes per week and the sessions last 8 weeks, the cost of the class is \$175.

For More Information  
call Chris Cimoch at  
708.403.4231 X138

## Introduction To Hockey

# Class Schedule

**Fridays 6:20pm**  
**Sept. 18th - Nov. 6th**

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**Saturdays 11:40am**  
**Sept. 19th - Nov. 7th**

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**Sundays 11:40am**  
**Sept. 20th - Nov. 8th**

**\*\*Sunday 9/27 @ 12:20PM-1:20PM\*\***

