

# **2021 ARCTIC JR FURY MINOR MITE ADM SUMMER PROGRAM**

For Players Born 2016 & 2015



**June 5th - August 28th**

**12 weeks - One ice slot per week 60 minute ice slot**

**NO ICE JULY 3RD.**

**SATURDAYS: 11:40pm-12:40pm**

**MAX ENROLLMENT - 35 PER ICE SLOT**

**\$300 per skater**

**NO REFUNDS**



**Arctic Ice Arena**

Purpose: To improve youth hockey player's ability, balance and coordination in a positive environment for maximum physical and psychological growth.

Using USA Hockey's ADM model of development and dividing the 60 minutes of ice time into practice stations, small area games and cross ice scrimmages to maximize player touches and reinforce recently acquired skills.

1. More touches per player.

Smaller spaces mean more opportunity for a player to touch the puck and ultimately improve their game.

2. Age appropriate training.

By shrinking the ice down to their level, we can get kids more involved and them learn skills quicker and easier.

3. Cost Savings

Because multiple teams share the ice, parents save on ice costs.

4. Increased Competition.

Because of the smaller ice surface, players of all skill levels will need to think and act quicker, resulting in more frequent battles for the puck.

**For Hockey Class/League Questions Email:**

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