



What's the camps focus?



FORWARDS

During camp, forward will be challenged through small area situations to simulate game like feels to help further their skill development, as well as full ice flow drills that will use the whole rink, teaching players how to get up and down the ice efficiently.

Strong focus on:

- Shooting and stickhandling
- Plays below the dots
- Ice Awareness
- Knowing what to do with the puck before and after you receive it.
- 1 on 1's, 2 on 1's, 3 on 2's. What to look for in each situation.

DEFENSEMEN

During camp, defenseman will focus on both ends of the ice. We will focus on edge work, transitioning, gap control, getting back on pucks effectively, jumping in the rush, and offensive zone skills.

Strong focus on:

- Boxing out/net front play
- Retrieving pucks and breaking out
- Sticking Positioning
- Gap Control
- Jumping in the rush



**THIS CAMP IS OFFERED TO
HOUSE & TRAVEL PLAYERS
*GROUPS ARE SEPARATED BY
AGE AND LEVEL OF PLAY
TO MAXIMIZE DEVELOPMENT**



DATES AND FEES

JULY 25TH - 29TH

**MITES
SQUIRTS
PEEWEEES
BANTAMS
Only \$400**

Fee includes lunch each day!

NO REFUNDS

GENERAL INFORMATION

ICE TIME! ICE TIME! ICE TIME!

* 5 hours of Ice Time Per Day
Tons of Skill Work, Edge Work
And Game Like Situations

SCHEDULE

**9:00 - 11:00am - ICE TIME
11:00 - 11:30am - LUNCH
11:30- 1:30pm - ICE TIME
1:40- 2:40pm- SCRIMMAGE**

FOR MORE INFORMATION, CONTACT RYAN HOLKE AT

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